



GPR378

Power Rack

Also available:



GLA378 Lat Attachment (SP200 200 lb Stack optional for GLA378)



SCB26 Squat/Calf Block







GPR378 Power Rack

Freedom of movement combined with adjustable racking and safety positions make the Power Rack a must-have for those who want to strength train without compromise. The Body-Solid Pro Power Rack is designed to work with all types of benches and engineered for extreme workouts. Heavy-duty 11-gauge high tensile strength steel frames feature all-4-side welded construction and oversized industrial strength hardware. Electrostatically applied powder coat finish resists chipping and scratching through the most brutal routines. If you want to get bigger and stronger fast, a Body-Solid Pro Power Rack is what you need.

Dimensions: 82"H x 49"L x 46"W

Special Features

- · Lifetime warranty
- · Wide 'walk-in' design
- · 20 adjustment levels
- · 3"x3" vertical 11-gauge steel support columns
- · 41" wide knurled chinning bar
- Heat tempered Lift-Offs and saber style safety rods keep your workouts simple, safe and effective
- · Ideal for home and commercial use