

# TRUE<sup>®</sup> FORCE



Premium Fitness Equipment Since 1981

TRUE is Impacting Fitness. TRUE has a thirty-four year history making the world's most premium cardio equipment. Now, we are taking that same manufacturing and design quality and bringing it to you in the new FORCE strength line. All of the features you have come to associate with TRUE are found in the FORCE line...quality, durability, craftsmanship and superior aesthetics. Welcome to the new TRUE.

#### AB / BACK KEY FEATURES:

Overhead grips and a rolling back pad prestretch the abdominals and creates a traditional crunch exercise. Unlike other ab/back machines there is no need to exit the machine to change exercises. Minimal adjustments creates ease of use and long term durability. The oversized seat and rounded lumbar pad increase user comfort.

Premium quality powdered coated frames with high gloss secondary top coat  
Thick leather grain vinyl with contrasting double top stitching  
Fully enclosed weight stacks  
Optional heavy weight stacks  
Stability feet for weight stacks with bolt down points prevent tipping  
Superior biomechanics  
Minimal adjustments provides ease of use  
Super duty commercial use construction  
Premium styling and aesthetics

#### Product Dimensions L x W x H

52.75" x 47.5" x 57"  
(134 cm x 121 cm x 145 cm)

#### Product Weight (including weight stack)

Standard - 484 lbs (219 kg)  
Heavy - 564 lbs (256 kg)

#### Weight Stack

Standard - 175 lbs (79 kg)  
Heavy - 255 lbs (116 kg)

#### Warranty

10 YEARS: Frames, welds, cams, and weight plates  
5 YEARS: Bushings, pivot bearings, gas-shocks, pulleys, and guide rods  
1 YEAR: Cables, rubber grips  
6 months: Upholstery, hardware, and all other parts not mentioned

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details.

Specifications subject to change without notice.

AB / BACK