

An established innovator of unique, high-performance fitness equipment, Octane Fitness continues redefining workouts with new modalities and HIIT programs that incorporate functional movements and progressive challenges to deliver results.

XTSERIES

XTOne



- Walk, Run, Hike or Climb
- Replaces adaptations of ellipticals and non-elliptical modalities in one machine
- Adjustable incline
- Adjustable stride length
- SmartStride® technology

XT3700 XT4700



- Close pedal spacing
- Low step-up height
- Workout Boosters
- Advanced training — 30:30 and MMA
- SmartStride® technology*
*XT400 only



Real running motion



Upper-body ergonomics



LATERAL X

- Adjustable lateral 3-D motion
- Up to 27% increase in caloric expenditure when going from narrowest to widest width
- Adds muscle confusion with 10 varying planes of motion
- Great for sports, rehab and stability training, working hips, thighs and glutes



Lateral motion



Stepping motion



Octane Rō

- Dual resistance — fan and magnetic brake
- Enhanced console featuring calorie meter
- Comfort seat



MultiGrip Handlebar



Quick-release foot strap

- Oversized handlebar catch
- Small footprint



Performance fan



Customized comfort



AirDyne X

- 26-blade performance fan
- Commercial grade components
- Single-stage belt for instant activation
- HIIT workouts

xRide XR6000 XR6000s



- +/- 210-degree swivel seat*
- PowerStroke™ technology
- Active Seat Position™



Swivel seat



Chest & leg press

- Upper/lower-body isolation
- Step-through design

PRO3700c



- MultiGrip & Converging Path handlebars
- Close pedal spacing
- Workout Boosters
- Advanced training — 30:30 and MMA



Smooth, natural motion

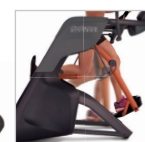


Side steps (optional)

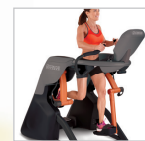
ZERO RUNNER



- Zero-Impact Running™
- Up to 58" (147 cm) stride length
- Walk, jog or run
- Dual stride trace



Replicates walking and running



Lower cost of ownership

WORKOUT BOOSTERS AND ADVANCED PROGRAMS



X-MODE

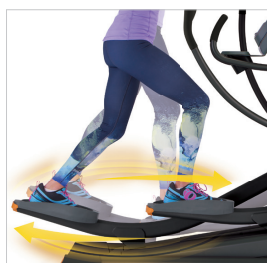
Built-in personal trainer to motivate exercisers with intense intervals.

ARM BLASTER

Increased resistance intervals for strong and toned upper body.

GLUTE KICKER

Variety of intervals that target hips, glutes and thighs.



SMARTSTRIDE®

Automatically adjusts stride length from 20"-28" according to users' pace to align them properly for walking, jogging and running.

30:30

For the ultimate in HIIT, the 30:30 Interval workout has exercisers mastering vigorous sets of intervals that push them to work harder.

MMA

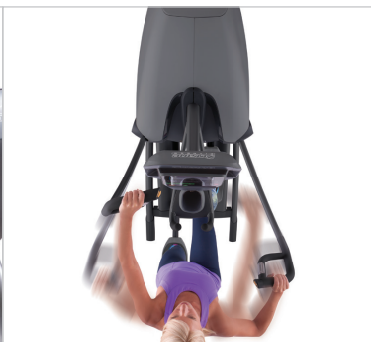
Exercisers can test their skills in Octane's unique regimen that mimics intense training routines like those used by a fighter in the cage.

KEY FEATURES



MULTI-GRIP HANDLES

Multiple hand placement options enable exercisers to activate different arm, chest and back muscles.



CONVERGING PATH

Delivers natural, fluid movement that engages the upper body.



CLOSE PEDAL SPACING

Properly aligns the body for maximum comfort.



SPACE-EFFICIENT DESIGN

Fits conveniently in small spaces.

DIVERSE MOTIONS

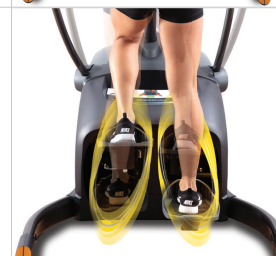
LATERAL MOTION

Active side-to-side motion that increases caloric expenditure by up to 27%*.



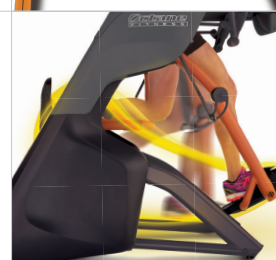
STEPPING MOTION

Movement option that stimulates stepping for added variety.



RUNNING MOTION

Independent hip and knee joints replicate natural walking, jogging or running motion.



INCLINE MOTION

Adjustable incline motion so exercisers can hit the hills or tackle steep climbing to strengthen quads, glutes and hamstrings.

*Study conducted by Minnesota State University Mankato going from lateral width 1 to lateral width 10. ©2021 Octane Fitness, LLC. In a continual effort to improve our products, specifications are subject to change. Octane Fitness, Zero Runner, xRide, SmartStride and CROSS CIRCUIT are registered trademarks of True Fitness®, Inc. or Octane Fitness, LLC. Any use of these trademarks, without the express written consent of Octane Fitness, is forbidden.