

# Octane Rō™

Redefining rowing. In its relentless quest to fuel exercise, Octane Fitness delivers a sleek, inviting rower that boasts innovative features and thoughtful extras that reinvent and recharge indoor rowing.

### OCTANE ADVANTAGES

- Quick-release foot strap
- Dual resistance – fan and magnetic brake
- MultiGrip handlebar
- Enhanced console featuring a calorie meter
- Comfort seat
- Oversized handlebar catch
- Small footprint



### QUICK-RELEASE FOOT STRAP

This patented design enables exercisers to quickly insert their feet and pull up on the handle for a secure fit. A simple push of a button releases the strap for an easy exit.



### DUAL RESISTANCE

Combined fan and magnetic brake resistance provides a broader range of intensity levels to accommodate everything from easy rows to grueling HIIT sessions.



### MULTIGRIP HANDLEBAR

Multiple hand positions facilitate greater comfort, variety and more activation of chest, back and arm muscles.



### ENHANCED CONSOLE

This 7" backlit LCD monitor features a dynamic calorie meter, plus real-time performance metrics, to motivate exercisers to work hard.

# Octane Ro Specifications • Standard ◦ Optional

## KEY MECHANICAL FEATURES

High-velocity fan	•
Dual resistance	Fan and magnetic brake
Quick-release foot straps	•
MultiGrip handle	•
Handlebar docking station	•
Handlebar strap	Belt
Transport wheels	•
Mobile device placement	•
Compact design	Tilt up
Storage	•

## ELECTRONIC FEATURES

Display type	7" backlit LCD
Calorie burn meter	•
Resistance levels	10
Wireless heart rate ready	Bluetooth® and ANT+*
Bluetooth® compatible for heart rate only	•
Power requirement	Generator powered
Power supply	◦

## CONSOLE OPTIONS

Standard	•
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## WORKOUTS

Number of programs	6
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## PRESET PROGRAMS

Quick Start	•
Max 14 Interval	•
Interval	•
Calorie Goal	•
Distance goal	•
Max CIRCUIT	•

## PRODUCT SPECIFICATIONS

Max user weight	350 lbs (160 kg)
Footprint (L x W x H)	94" x 24" x 47" (239 cm x 61 cm x 119 cm)
Product weight	129 lbs (58 kg)
Seat height	17" (43 cm)
Rail length	53" (135 cm)
Storage height	93" (236 cm)
Shipping dimensions	53" x 34" x 19" (135 cm x 86 cm x 48 cm)
Shipping weight	150 Lbs (68 kg)

## WARRANTY\*

Frame	10 years
Parts	3 years
Labor	1 year

\*Warranty outside the US and Canada may vary



Standard Console



# Octane

888-OCTANE-4 octanefitness.com

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